



Send us your "before" and "after" pictures for a **FREE** limited edition INSANITY® T-shirt.

To receive your **FREE INSANITY T-shirt**, follow these instructions:

- 1. Complete** this entire application. To qualify, you must complete all fields.
- 2. Email** the completed application with "before" and "after" photographs of yourself (see Photo Details at the end of the form) along with your proof of purchase to [SuccessStories@Beachbody.com](mailto:SuccessStories@Beachbody.com), in compliance with the Terms and Conditions at the end of this form.
- 3. Proof of Purchase:** To receive your **FREE** T-shirt, please provide one of the following proofs of purchase:
  - Your receipt
  - Your packing slip
  - Your picture with the INSANITY kit
  - Your credit card statement
- 4.** You may also mail the completed application with "before" and "after" photographs of yourself and your proof of purchase to this address:

**INSANITY T-Shirt Giveaway**  
3301 Exposition Blvd., 3rd Floor  
Santa Monica, CA 90404

Date: \_\_\_\_\_ Full Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Daytime Telephone: \_\_\_\_\_ Email: \_\_\_\_\_ Current Age:\*

\_\_\_\_\_

\*If you are under 18 years of age, your parent or legal guardian must sign the Guardian Acknowledgment at the end of this application.

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP Code: \_\_\_\_\_

T-shirt size: (choose one)     S     M     L     XL

**Note:** Sizes are unisex—women should order one size down from usual size. There will be **no exchanges** for the wrong size.

<b>Statistics:</b>	<b>Before</b>	<b>After</b>
Weight	<input type="text"/>	<input type="text"/>
Size (pants or dress)	<input type="text"/>	<input type="text"/>
Body fat percentage	<input type="text"/>	<input type="text"/>
Chest (inches)	<input type="text"/>	<input type="text"/>
Waist (inches)	<input type="text"/>	<input type="text"/>
Hips (inches)	<input type="text"/>	<input type="text"/>
Leg (thigh) (inches)	<input type="text"/>	<input type="text"/>
Arm (bicep) (inches)	<input type="text"/>	<input type="text"/>
	<b>Start Date</b>	<b>Completion Date</b>
<b>Program participation:</b>	<input type="text"/>	<input type="text"/>

Where did you purchase your INSANITY program?

- Infomercial/toll-free #
- Beachbody® Web site
- Team Beachbody® Coach
- Amazon.com
- Other (please specify) \_\_\_\_\_

What was your main goal in using INSANITY?

- Lose weight
- Get lean and toned
- Improve cardiovascular performance

Did you reach your goal?

- Yes     No

Did you work out alone or with others?

- Alone     With others

Was INSANITY:

- As challenging as you thought it would be?
- More challenging than you expected?
- More moderate than you expected?

